



BC'S FIRST HUMANITY CAFÉ

You N Me'

A social enterprise, helping people feel less alone and bringing a little more humanity and kindness into everyday life.

Order a coffee.
Or order a conversation.

Sit, talk, be heard. It costs nothing. Turn over to read how it works.

DRINKS

ALLERGIES? LET US KNOW AND WE WILL TELL YOU WHAT IS IN IT

Coffee

Regular or decaf	12 OZ	16 OZ
Americano	4.25	5.75
Americano Misto	4.75	6.25
Cortado 8 / 12 OZ	4.75	6.25
Flat White 8 / 12 OZ	4.75	6.25
Latte or Cappuccino	5.25	6.75
Mocha	6.25	7.75

Specialty Lattes

Hot or iced	12 OZ	16 OZ
Tiramisu Latte	6.50	8.00
Orange Latte	6.00	7.50
Spanish Latte	6.50	8.00
Lavender Dream Latte	6.00	7.50
Caramel Macchiato	6.50	8.00
Toffee Nut Oat Latte	7.00	8.50
Pistachio Cream Vanilla Latte	7.00	8.50
Peppermint Hot Chocolate	5.50	7.00

Hot · Iced · Frappé

Hot, iced or frappé, all at the listed price	12 OZ	16 OZ
Belgian Mocha	6.50	8.00
Chai Tea Latte	6.50	8.00
Matcha Latte	7.50	8.50
Taro Latte	6.50	8.00
Caramel	6.50	8.00

Indian Chai

Brewed the way it is at home	8 OZ	16 OZ
Masala Chai	3.25	5.75
Ginger Chai	3.25	5.75
Cardamom Chai	3.25	5.75
Kashmiri Chai	3.25	5.75
Add pistachios or almonds	1.00	2.00

Bubble Tea

ONE SIZE

Classic Milk Tea	7.50
Taro	7.00
Mango	7.00
Strawberry	7.00
Watermelon	7.00
Honeydew	7.00
Pinacolada	7.00

Iced Matcha

12 OZ 16 OZ

Strawberry Matcha	7.00	9.00
Mango Matcha	7.00	9.00
Blueberry Cloud Matcha	7.00	9.00

Dirty Sodas

16 OZ ONLY

Rose Cream Soda	7.50
Raspberry Cream Soda	7.50
Peaches & Cream	7.50
Coconut Dr. Pepper	7.50

Smoothies

16 OZ ONLY

Greek yogurt, milk and real fruit. Never artificial sweetener.	
Strawberry Banana Protein	11.00
With oats and chia	
Cocoa Banana Protein	11.00
With peanut butter	
Date Me Shake	13.00
Dates, walnuts, almonds, pistachios, mixed fruit	
Strawberry Mango Oat	11.00
Rolled oats, chia, oat milk	
Tropical Green Glow	11.00
Spinach, kale, mango, strawberry	
Mixed Berry Blast	11.00
Pineapple Mango	11.00
With pineapple juice	

Make it yours

Add any of these to any drink. Just ask us at the counter.

ICED 16 OZ AT THE 12 OZ PRICE + 0.50

MILK YOUR WAY

Oat milk 0.80 · Almond milk 0.80

BOBA

TOPPINGS 0.80

Mango coconut jelly · Lychee coconut jelly
· Kiwi popping · Strawberry popping ·
Tapioca pearls 1.75

FLAVOUR SHOTS 0.80

Peppermint · Hazelnut · Salted caramel ·
Vanilla · Sugar-free vanilla · Pistachio ·
Lavender · Brown sugar cinnamon

SMOOTHIE BOOSTS

Whey protein 1.50 · Avocado 2.00 · Extra
fruit 1.50 · Dates 1.50 · Chia 0.75 · Oats
0.75 · Seeds 0.75

Be kind. It is free, and we have plenty in stock.

Strangers are just future friends you haven't said hi to yet.



House Specials

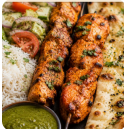


Pani Puri

LIVE STATION · 6 PIECES

Spicy water with cilantro and mint, sweet water with dates and jaggery. Made in house, no preservatives.

7.00



Chicken Kebab

Two long skewers with garlic naan, salad and green chutney. Ask us for rice, or rolled.

17.00

Handhelds & Bites

MADE TO ORDER

Melts, wraps and cups, hot off the press

Humanity Jumbo Wrap12.00

Seasoned chicken, grilled to melt with our special YNM sauce, a mix of amazing veggies and cheese.

Tandoori Chicken Melt12.00

Housemade tandoori sauce, green pepper, cheese

Veg Cheese Melt11.00

Onion, bell pepper, tomato, cheese

Ham & Havarti Croissant6.00

Grilled Cheese Sandwich12.00

ON THE SIDE

Fries6.00Cheesy Fries9.00

Avocado Toasts

On sourdough with feta and cherry tomatoes

Kindness Avocado Toast12.00

Seasoned avocado, chilli flakes

Veggie Avocado Toast14.00

Seasoned avocado, cucumber, onion, bell pepper

Add chicken3.00

Mumbai Memories

The street food we grew up on

Vada Pav EACH5.50

Samosa2.75

Spicy Potato Puff6.00

Green Chillies N Garlic Maggi8.00

Bombay Sandwich11.00

Cold or grilled

Extra cheese3.00

Add sev2.00

If you see someone sitting on their own, feel free to say hello. A lot of friendships here started that way.

Humanity begins with You N Me'

Neither of these is food. Both of them are real. This is the part of the menu I care about most.

Order a ConversationCOMPLETELY FREE

Need to vent? Want to celebrate a win? Or do you just want some company, so today feels a little less heavy?

Ask me at the counter, or just say the word. I will finish making your order, pull up a chair, and sit with you for as long as it helps.

No advice. No judgment. No fixing.

Buying something is never necessary for this. You are a person here, not a transaction, and nobody should have to spend a penny to be heard.

Pay It ForwardKINDNESS WALL

A stranger pays for a coffee or a meal and leaves a message with it. Whoever needs it takes it down.

01 Pay for a sleeve at the counter, any amount you choose.

02 Write on it what you would want to hear on a hard day.

03 It goes up on the wall and waits for whoever needs it.

Having a rough day? Take one down. You do not have to explain yourself to anybody, and you never have to ask.

The message matters more than the money.

Table for one is a perfectly good order.

Rent the whole café the private room, or just a table. Catering available. Ask us at the counter.

Upcoming events something is happening here most weeks. All of it on younme.ca.

Become a You N Me' member free to join. Earn 1 point for every \$1, and \$5 off every 100 points. Ask us.